

MEDIA REVIEWS

TRUST YOUR NEXT STEP

CREATING THE CONFIDENCE TO CUT FRESH TRACKS

Kelly Robbins, M.A. | Motivational Press, Inc.

\$19.95 + \$24.99 (optional workbook) | TrustYourNextStep.com

Religious Science practitioner Kelly Robbins wears many hats: mother, author, speaker, teacher, nature lover and coach. Down the roads she's traveled, Robbins has defined a method for finding direction and clarity about what she wants to create and express.

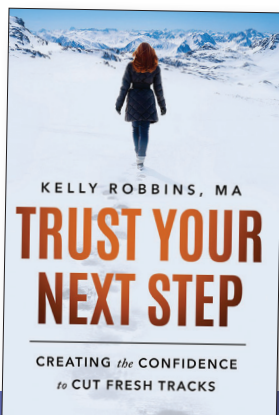
She brings this guidance and support to readers in her latest book, "Trust Your Next Step," which can be accompanied by her durable, spiral-bound workbook filled with exercises and deeper questions.

We all have dreams and emotional desires for this precious life, and sometimes it's overwhelming and challenging to know where to begin or how those visions could possibly come true.

Robbins explains how courage, faith, passion and motivation combine to unlock happiness. She teaches how to recognize "The Edge" of comfort zones and stay focused on how you want to *feel* on the other side of the intimidating unknown. This unknown zone, Robbins says, is where true joy and life purpose exist. She offers stepping stones to develop the confidence and wherewithal to change patterns of beliefs and embrace the uncertainty and newness.

After completing this book, Robbins says readers will *know* what it takes to create their life their way. Past experiences and the beliefs of family, friends and coworkers do not dictate who you are and what you came to share on this planet. You already have the inner strength to live your *real* life, the one bubbling up inside of you as you read these words. Only *you* know what your soul longs for.

Robbins has found security in trusting that the next perfect step is already within her, and she wants you to embrace that same truth. ❧



Are you ready to fearlessly embrace what you are being called to do? Be prepared to drop false beliefs and trek into the wilderness of your soul with author Kelly Robbins.